KEEP OUR APARTMENT COMMUNITY SAFE

strata community association®

COVID-19 GUIDELINES

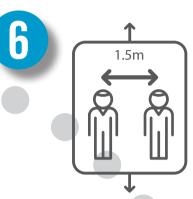
Avoid infection and slow the spread of COVID-19



Do not have visitors to your home or the common property unless they are providing you with care and support when you are unwell, disabled, elderly or pregnant.



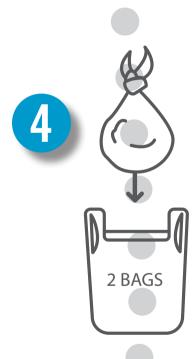
Stay at home and restrict your activities. There are only four reasons to leave your home: food & supplies, medical care, exercise or work & education.



Keep in mind the 1.5m social distancing rule when using lifts in your building.



Good hygiene includes covering your coughs and sneezes with your elbow and cleaning your home and workplace.



Safely handle, clean, sanitise and dispose of household waste. If necessary double bag your rubbish.



Limit your contact and social interactions with other people.



Surgical masks should only be worn by people who are unwell. If you are well, you do not need to wear a mask.



Wash and dry hands regularly.
Use soap and water and wash
for at least 20 seconds.